

Registration Date	
Name	
Address	
Telephone Number	Email

Attending (circle your choice)	
Regular Price - Starting November 1, 2018	\$150
Boxed Keto Lunch (Taxes included) • see menu on website	\$25
Payment by E-Transfer to wendy@keto-retreat.ca (PREFERRED) or PayPal	Total Payable

Private Nutrition Consultations at hotel - 9:00AM - 5:00PM, Sunday, Dec. 2, 2018 \$85 per 1/2 hr, \$160/hr

Private consultations will be offered on Sunday, December 2 at the Ambassador Hotel. Amy Berger and Megan Ramos' teammates from IDM will be available. **Please contact Wendy by EMAIL ONLY at wendy@keto-retreat.ca.**

LET US KNOW A BIT ABOUT YOU!

I'd like to attend this retreat because

- I'm interested and it's new to me
- I have some experience.
- I have experience but want to learn more
- It sounds fun and there are great speakers
- I attended the Perth Retreat in Sept.
- I am willing to volunteer for a short time.

How did you find out about this retreat?